

Harriers Boxing Day Handicap
24th Annual – Monday, 2022 December 26

| | | 12°C, mainly sunny, dying breeze & gusts; wet roads, melting plowed shoulders & path; W Saanich blocked N of Mt Newton Cross Rd so extra traffic; PI pub closed! | | | | | | | | | | | | | | | | | | | | 16.09344 | 10 | 10 | 21.0975 | | | |
|---------------------------|-----------------------|--|----------------|---------------|--------------|-----------|---------------------------|----------|--------------------------|--------------|-----------|--------------|----------------|--------------|----------------|--------------|-----------|------------|-----------|----------------|----------------|-----------------------|---|---------|-----------|----------------|-----------------------|---|
| Double lap 10-Mile | | overall | | | | | overall | | | | | per race | | overall | | | | | overall | | | | | | | | | |
| Sign up | Name | Home town | Affiliations | Assigned Race | Actual Start | Start Pos | Halfway Turn hh : mm : ss | Turn Pos | Finish Time hh : mm : ss | Fin Pos | notes | Running Time | Time Rank | Penalty Time | Placement Time | Placing Rank | First Lap | Second Lap | Lap Delta | Running Points | GA | AG% | AG Rank | KM Pace | Mile Pace | 10K Equivalent | Half Mara. Equivalent | Half Mara. Prize Taken |
| 7 | Steve Hallam | Victoria | PIH; TNLW | 10 M | 10:16 AM | 10:17:00 | 2 | 10:56:10 | 1 | 11:34:45 | 3 | 1:17:45 | 3 | | 11:33:45 | 3 | 39:10 | 38:35 | -0:35 | 589.5 | M44 | 60.2% | 11 | 4:50 | 7:47 | 0:46:45 | 1:43:51 | red endür running hat |
| 8 | Ignacio Bettiol Ereño | Sidney (Spain) | | 10 M | 10:00 AM | 10:08:00 | 1 | 11:00:39 | 3 | 11:46:27 | 15 | 1:38:27 | 7 | | 11:38:27 | 6 | 52:39 | 45:48 | -6:51 | 465.6 | M16 | 45.6% | 17 | 6:07 | 9:51 | 0:59:12 | 2:11:30 | black toque w/ red stripes & maple leaf |
| 10 | Paul Yorke | Victoria | PIH | 10 M | 10:19 AM | 10:19:00 | 3 | 11:00:15 | 2 | 11:42:27 | 6 | 1:23:27 | 6 | | 11:42:27 | 7 | 41:15 | 42:12 | +0:57 | 549.3 | M58 | 63.4% | 8 | 5:11 | 8:21 | 0:50:11 | 1:51:27 | black satchel bag |
| 9 | Angela MacLean | Ladysmith | Ceevacs | 10 M | 10:25 AM | 10:25:00 | 4 | 11:06:30 | 4 | 11:46:49 | 16 | 1:21:49 | 5 | | 11:46:49 | 15 | 41:30 | 40:19 | -1:11 | 560.2 | F48 | 67.0% | 5 | 5:05 | 8:11 | 0:49:12 | 1:49:17 | small book - Jokes and Riddles - Jungle Jokes |
| 13 | Mark Seebaran | Victoria | PIH; TNW; TNLW | 10 M | 10:31 AM | 10:31:00 | 7 | 11:09:50 | 6 | 11:49:08 | 17 | 1:18:08 | 4 | | 11:49:08 | 16 | 38:50 | 39:18 | +0:28 | 586.6 | M58 | 67.7% | 4 | 4:51 | 7:49 | 0:46:59 | 1:44:21 | blue Micro-insect |
| 6 | Sean Mitchell | Victoria | PIH; TNLW | 10 M | 10:32 AM | 10:32:00 | 8 | 11:09:51 | 7 | 11:49:09 | 18 | 1:17:09 | 2 | | 11:49:09 | 17 | 37:51 | 39:18 | +1:27 | 594.1 | M48 | 62.7% | 9 | 4:48 | 7:43 | 0:46:24 | 1:43:03 | book - The World's Greatest Book of Useless Information |
| 102 | Johnny Atkinson | Victoria | PIH | 10 M | 10:36 AM | 10:32:00 | 8 | 11:09:20 | 5 | 11:45:59 | 13 | 1:13:59 | 1 | | 11:49:59 | 18 | 37:20 | 36:39 | -0:41 | 619.5 | M49 | 66.0% | 13 | 4:36 | 7:24 | 0:44:29 | 1:38:49 | Tupperware Quick Shake Container - 600ml with strainer |
| 5 | Lisa Moody | Saanichton | | 10 M | 10:10 AM | DNS | | | | | | | | | | | | | | | | | | | | | | |
| Single lap 5-Mile | | overall | | | | | overall | | | | | per race | | overall | | | | | overall | | | | | | | | | |
| Sign up | Name | Home Town | Affiliations | Assigned Race | Actual Start | Start Pos | Finish Time hh : mm : ss | Fin Pos | notes | Running Time | Time Rank | Penalty Time | Placement Time | Placing Rank | Running Points | GA | AG% | AG Rank | KM Pace | Mile Pace | 10K Equivalent | Half Mara. Equivalent | Half Mara. Prize Taken | | | | | |
| 3 | Noah Hourani | Lahaina HI US | | 5 M | 10:29 AM | 10:28:30 | 5 | 11:31:05 | 1 | 1:04:35 | 10 | | 11:33:35 | 1 | 338.3 | M5 | 54.5% | 15 | 8:02 | 12:55 | 1:21:28 | 3:00:57 | wooden funny snake; Diecast 1967 Ford Mustang GT - twin pack | | | | | |
| 4 | Catherine Ghourani | Lahaina HI US | PIH | 5 M | 10:29 AM | 10:28:30 | 5 | 11:31:05 | 1 | 1:04:35 | 11 | | 11:33:35 | 1 | 338.3 | F44 | 39.7% | 18 | 8:02 | 12:55 | 1:21:28 | 3:00:57 | endür socks | | | | | |
| 2 | Evan Maier | Victoria | | 5 M | 11:00 AM | 11:00:00 | 13 | 11:37:57 | 4 | 0:37:57 | 1 | | 11:37:57 | 4 | 575.7 | M23 | 56.2% | 13 | 4:43 | 7:35 | 0:47:52 | 1:46:20 | metal model car - gold | | | | | |
| 11 | Buddy Bhandar | Victoria | PIH | 5 M | 10:55 AM | 10:55:00 | 11 | 11:37:59 | 5 | 0:42:59 | 4 | | 11:37:59 | 5 | 508.3 | M67 | 65.0% | 7 | 5:21 | 8:36 | 0:54:13 | 2:00:26 | ? | | | | | |
| 100 | Jeffrey Smith | Halifax NS | | 5 M | 11:01 AM | 11:02:00 | 16 | 11:43:45 | 8 | 0:41:45 | 3 | | 11:42:45 | 8 | 523.3 | M56 | 60.6% | 10 | 5:11 | 8:21 | 0:52:40 | 1:56:59 | book - The Pocket Dangerous Book for Boys - Things to Know | | | | | |
| 1 | Karl Maier | Victoria | | 5 M | 11:00 AM | 11:00:00 | 13 | 11:43:12 | 7 | 0:43:12 | 5 | | 11:43:12 | 9 | 505.8 | M52 | 56.6% | 12 | 5:22 | 8:38 | 0:54:30 | 2:01:03 | book - Does Anything Eat Wasps - And 101 other Interesting Wild Animals (blue pituitary touque) | | | | | |
| 16 | Tim Green | Victoria | PIH | 5 M | 11:01 AM | 11:01:00 | 15 | 11:44:24 | 9 | 0:43:24 | 7 | | 11:44:24 | 10 | 503.4 | M43 | 52.4% | 16 | 5:24 | 8:41 | 0:54:45 | 2:01:36 | 22oz tumbler goblet - rosegold with tea & straw | | | | | |
| 12 | Gary Duncan | Victoria | PIH; TNW; TNLW | 5 M | 11:06 AM | 11:06:00 | 18 | 11:44:31 | 10 | 0:38:31 | 2 | | 11:44:31 | 11 | 567.3 | M65 | 71.2% | 3 | 4:47 | 7:42 | 0:48:35 | 1:47:55 | memories | | | | | |
| 101 | Susan Chambers | Halifax NS | | 5 M | 10:53 AM | 10:53:15 | 10 | 11:45:17 | 11 | 0:52:02 | 9 | | 11:45:02 | 12 | 419.9 | F55 | 55.6% | 14 | 6:28 | 10:24 | 1:05:38 | 2:25:46 | book - Fantastic Feats and Failures | | | | | |
| 15 | Edith Price | Victoria | PIH | 5 M | 10:58 AM | 10:58:00 | 12 | 11:45:49 | 12 | 0:47:49 | 8 | | 11:45:49 | 13 | 456.9 | F72 | 76.4% | 1 | 5:57 | 9:34 | 1:00:19 | 2:13:59 | small book - Mind-Bending Lateral Thinking Puzzles | | | | | |
| 14 | David Hoskins | Victoria | PIH | 5 M | 11:03 AM | 11:03:00 | 17 | 11:46:20 | 14 | 0:43:20 | 6 | | 11:46:20 | 14 | 504.2 | M76 | 72.6% | 2 | 5:23 | 8:40 | 0:54:40 | 2:01:25 | green Micro-insect ? | | | | | |
| Double lap 10-Mile | | overall | | | | | overall | | | | | per race | | overall | | | | | overall | | | | | | | | | |
| min | | | | 10 | 10:00 AM | 10:08 AM | | 10:56:10 | | 11:34:45 | | 1:13:59 | 1 | | 11:33:45 | 3 | 37:20 | 36:39 | -6:51 | 465.6 | | 45.6% | 4 | 4:36 | 7:24 | 0:44:29 | 1:38:49 | |
| max | | | | 10 | 10:36 AM | 10:32 AM | | 11:09:51 | | 11:49:09 | | 1:38:27 | 7 | | 11:49:59 | 18 | 52:39 | 45:48 | +1:27 | 619.5 | | 67.7% | 17 | 6:07 | 9:51 | 0:59:12 | 2:11:30 | |
| spread | | | | 10 | 0:36:00 | 0:24:00 | | 0:13:41 | | 0:14:24 | | 0:24:28 | | | 16:14 | | 15:19 | 09:09 | +8:18 | 154.0 | | 22.0% | 13 | 1:31 | 2:27 | 14:43 | 32:41 | |
| Single lap 5-Mile | | overall | | | | | overall | | | | | per race | | overall | | | | | overall | | | | | | | | | |
| min | | | | 5 | 10:29 AM | 10:26 AM | | | | 11:31:05 | | 0:37:57 | 1 | | 11:33:35 | 1 | | | | 338.3 | | 39.7% | 1 | 4:43 | 7:35 | 0:47:52 | 1:46:20 | |
| max | | | | 5 | 11:06 AM | 11:06 AM | | | | 11:46:20 | | 1:04:35 | 11 | | 11:46:20 | 14 | | | | 575.7 | | 76.4% | 18 | 8:02 | ### | 1:21:28 | 3:00:57 | |
| spread | | | | 5 | 0:37:00 | 0:39:30 | | | | 0:15:15 | | 0:26:38 | | | 12:45 | | | | | 237.4 | | 36.8% | 17 | 3:19 | 5:20 | 33:36 | 14:37 | |